



What to Bring to Camp

Please do bring:

1. Lunch and Snacks
 - Pack a lunch and snacks in a thermal tote bag with icepacks if necessary.
 - Avoid packing a lot of candy and sweets.
 - Your child will sometimes eat lunch inside on the floor or outside on the grass and will not likely have a plate or hard surface on which to set a drink.
 - Our sites are nut-free zones. Please be sure to check labels carefully and avoid all nut butters.
 - Lunch suggestions include: turkey and cheese roll-ups, cream cheese and raisin tortillas, cheese sticks and crackers, apple slices, grapes, orange slices, pretzels, yogurt, or apple sauce.
 - Snack suggestions include: granola bars, cereal bars (avoid chocolate as it melts), dry cereal, crackers, cheese sticks, pretzels, or carrots and vegetable dip.
2. Extra set of clothing (Labeled with child's name and grade)
3. Water bottle

Please don't bring:

1. Cell Phone (Parents will be provided with contact information for program director and lead staff).
2. Electronic Devices such as iPad, tablets, video games, etc. (we will provide tablets and laptops for use during projects and centers).
3. Toys from home.
4. Sharp tools (we will provide all tools necessary for STEM projects).



Contact Information

Program Director:

Dr. Jude Abanulo

Cell Phone #: 202-460-4250

Email Address: stemafterschool@gmail.com